

MI Shadowing Summary

A structured, friendly feedback form for observed sessions

Use it
After shadowing a session

Based loosely on
The MITI 3

Pages
Two

The MI Shadowing Summary (MISS) is a feedback form loosely tied to the MITI 3. It has two aims: to help clinicians see their strengths and growth areas in MI, and to get familiar with how the MITI scores sessions, in case they decide to have recordings coded.

This feedback is about MI skills in one short window of time. It isn't a judgment of your overall work. It's a learning tool for your own growth.

MI takes time and practice, and there's always room to grow. Taking stock of strengths and growth areas takes honesty, humility and openness.

How the ratings work

Each global rating is scored from 1 to 5. Scores of 1 to 3 are growth areas, or “beginning.” Scores of 4 or 5 are strengths. The OARS section gives an overview of the skills observed, with notes on how and how often they were used.

Rating	Beginning	Fair	Good
Evocation	1–3	4	5
Collaboration	1–3	4	5
Autonomy	1–3	4	5
Direction	1–3	4	5
Empathy	1–3	4	5

“For most, MI requires a lot of practice, especially when it is a bit foreign or new to a practitioner.”
Shawn Smith, MINT, 2015

Shadowing summary

Supervisor		Client initials	
Staff		Shadow number	
Date			

Setting and change goal

Global rating	Score	Notes
Evocation		
Collaboration		
Autonomy		
Direction		
Empathy		

OARS	Count	Notes
Open questions		
Affirmations		
Reflections		
Summaries		

Supervisor comments

Our plan for learning
