

Change Talk Tracker

Change Goal:			
Type of change talk	Number obse		Comments
	Change	Sustain	
Desire to			
change			
Ability to			
change			
R easons for			
change			
N _{eeds} for			
change			
Commitment			
to change			
Activation to			
change			
Taking			
S teps to			
change			

Other Comments:

